

DWEUD EICH DWEUD! HAVE YOUR SAY!

Rydym yn gwirio bod gwasanaethau llesiant ac iechyd meddwl yn darparu gwasanaethau hygyrch mewn modd amserol i bobl ifanc fel chi sydd rhwng 11 ac 16 oed.

Hoffem glywed am eich profiad fel rhiant neu ofalwr sy'n ymwneud â chefnogi plentyn a pherson ifanc gyda'i iechyd meddwl. Mae hyn yn cynnwys clywed am y gofal a'r cymorth a ddarperir gan y Gwasanaethau Iechyd Meddwl Plant a'r Glasoed (CAMHS).

We are checking that wellbeing and mental health services are providing timely and accessible services for young people aged 11-16.

We would like to hear about your experience as a parent or carer involved in supporting a child and young person with their mental health. This includes hearing about the care and support provided by Child and Adolescent Mental Health Services (CAMHS).



Helpwch ni i ddeall beth sy'n cael ei wneud yn dda a beth y gellid ei wella drwy gwblhau ein harolwg byr.

Please help us to understand what is being done well and what could be done better by completing our short survey.

Pwyntiwch gamera eich ffôn at y cod a thapiwch ar y ddolen.
Point your smartphone camera at the code and tap on the survey link.

Gallwch hefyd gwblhau'r arolwg yma:

You can also complete the survey via:

agic.org.uk/arolygon



hiw.org.uk/surveys

agic@llyw.cymru



hiw@gov.wales

0300 062 8163

